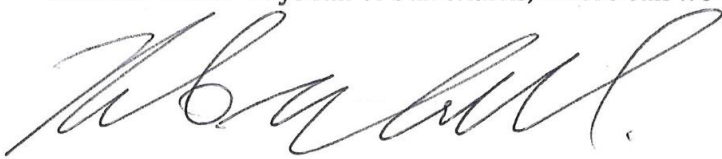


Dear Gold Coast City Council

I am writing to express my concerns regarding the current state and future of Lake Hugh Muntz as a recreational lake safe to swim in. As a long time Gold Coast resident I was lucky enough to grow up in surf lifesaving and had the lake as a safe training area when I was training with both Surfers Paradise surf club as well as Northcliffe surf lifesaving club.

More recently as a surf Life Saving coach -Nobbys surf club from 2007 - 2018, Burleigh Heads Mowbray Park 2012-2015 and Kurrawa from 2015-2017 I have utilised the lake as a safe area away from large surf and marine creatures to nurture the local areas surf lifesavers. Through this time at all these clubs an enormous amount of our now superstars and healthy role models have come through the training program that started in the same waters of Lake Hugh Muntz. Further also to this is I run the Albatross Nippers, the only inclusive Sunday Nipper program for children with special needs. Unfortunately due to dangerous surf conditions and the inability to find a safe flat water back-up venue (as the Lake has been shut) to conduct nippers local to Nobbys surf club, the home of the Albatross Nippers, we have been forced cancel these limited opportunities for special needs children to experience nippers.

I understand there isn't a bottomless pit of money that can be used to maintain all council grounds and facilities. But this lake has an enormous impact on the local sporting and surf lifesaving community. At a time when we are facing an obesity epidemic and crisis with the physical inactivity of our youth, to not have a safe protected aquatic area to maintain the health and fitness of our local children seems to go away from the current councils moto to "Have a go". Because in rough seas and water ways full of bull sharks, where can we 'have a go'.



Assistant Professor Nick Marshall
APA Titled Sports and Musculoskeletal Physiotherapist,
International Olympic Committee Athletes Charter Delegate for ILS.
International Lifesaving (ILS) Anti Doping Committee Member
Creator of the Albatross Nippers Inc.
Director of Medical Services for the Australian Lifesaving Team
National Rugby League (NRL) Referees Physiotherapist
Samoaan Rugby League Physiotherapist

**surf life
physio**

PHYSIOTHERAPISTS

Nick Marshall

Assistant Professor
Titled Musculoskeletal
& Sports Physiotherapist
B.Phys / AP-AM
Masters of APA Musculoskeletal
and Sports Physiotherapy

Troy Eady

Occupational
Sport
B. App.Sc Phys. AP-AM
Dip. App.Sc (Nursing) RN

Liz Urquhart

Sport
Women's Health
Chronic Pain
B.Sc. M.Phys.
M.AppSci (Clinical Exercise Science)

Josh Carter

Doctor of Physiotherapy
Accredited Exercise Physiologist
BE:SSc (Clinical Exercise Physiology),
DPPhy, APAM, ESS-AM

Gillian Burgess

Mphys (Master of Physiotherapy) AP-AM
BE:SSc (Bachelor of exercise science)

DIETITIAN

Bonnie Hancock

Sports Dietetics
Weight loss & management
Allergies & Intolerances
Accredited Practising Dietitian
B.Nutr&Diet (Nutrition and Dietetics)

Suite 4 Miami Central
2098 Gold Coast Highway
Miami Qld 4220
Phone: (07) 55277830
Fax: (07) 55786430
admin@surfphysio.com.au
www.surfphysio.com.au
ABN 63021167896