

**Vhsurf**

Lake Hugh Muntz

26 February 2018 at 5:43 pm

In 1984 my husband & I built our family home on Lake Hugh Muntz at Robina.

The Lake was pristine and our three children & ourselves spent endless hours in & on the water. As a family we all spent hours in the lake.

Our three children, as well as Denby's husband Brad Stokes, went on to have very successful careers in the professional iron woman/ironman careers. They all represented their club, state and the pinnacle of all competition, their country several times over.

They all trained on the lake & when they were younger my husband John was the nipper coach at Northcliffe SLSC which meant the training squad from the club would also train on the lake.

Without the flat water & the clean conditions of the lake this aspect of their training wouldn't have been fulfilled.

Vicki Holmes

Sent from my iPhone